SNAP and Farmers Markets

Your SNAP EBT card is welcome at a farmers market near you. From fresh produce to eggs, cheese and meat, it's simple to bring home nutritious food. You'll find it all at your local farmers market.



Farmers Markets accepting SNAP benefits nationwide:



http://1.usa.gov/1UkqA2z

Shop local. Eat smart. To learn more, contact:

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- mail: U.S. Department of Agriculture
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- (2) fax: (202) 690-7442; or
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This institution is an equal opportunity provider.

Buying
Fresh Food
is a
SNAP
at Your
Local
Farmers
Market





What is SNAP?

The Supplemental Nutrional Assistance Program (SNAP) - the nation's first line of defense against hunger - helps put food on the table for millions of families experiencing hardship. The program has never been more critical to the fight against hunger. Nearly half of SNAP participants are children, and more than 42 percent of recipients live in households in which at least one adult is working but still cannot afford to put food on the table.



Did You Know?

In addition to conventional stores, like grocery and convenience stores, your EBT card can be used at farmers markets and farm stands.



What you can buy with your SNAP benefits at the market?

- Fresh, locally-grown fruits and vegetables
- Seeds and plants that produce food
- Eggs, cheese and meat
- Honey, herbs and jams



What are Bonus Incentives?

Check your local farmers market to see if they offer bonus incentives. Bonus incentives, which go by names such as "Bonus Bucks," "Double Dollars," and "Fresh Bucks," help you stretch your SNAP dollars to buy more fruits, vegetables and other healthy foods.

These projects are sponsored by your local community organizations and government to improve your purchasing power by providing matching "bonus dollars," in the form of tokens or paper coupons, for purchases made with SNAP benefits.

